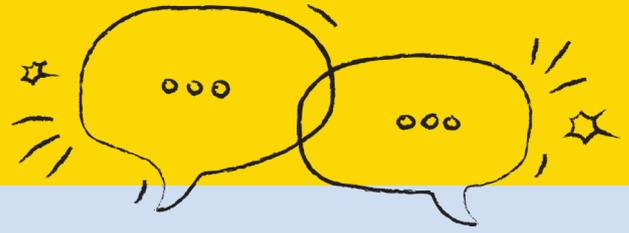


# REFLECT ON YOUR INFLUENCE

This checklist is designed to help you reflect on how young people might experience your role and influence during engagement activities.



## PERCEPTION OF INFLUENCE AND PARTNERSHIP

- How might young people view my role in terms of guiding decisions and facilitating their input?
- How do young people perceive my influence, and how can I demonstrate a willingness to share ideas and decisions?
- In what ways am I ensuring I'm approachable, supportive, and ready to learn from young people's insights?

## LANGUAGE AND COMMUNICATION

- Do I communicate in plain language that invites open dialogue?
- What adjustments can I make to ensure my communication is clear and respectful of young people's perspectives? For guidance, see mini-guide *Speak to Us in a Way That Makes Sense: 15 Communication Tips from a Young Person*.
- How can I describe my role in ways that build rapport and foster collaboration?

## EMPOWERING VISIBILITY AND CONTRIBUTION

- How do young people see their own role in this process, and how can I support them in taking ownership of their contributions?
- What actions can I take to emphasise the value of their contributions and celebrate their insights?
- How can I create an environment where young people feel encouraged to express themselves and share ideas?

## FOSTERING EQUITABLE POWER DYNAMICS

- How do young people perceive our roles, and what steps can I take to make the engagement process feel collaborative?
- How can I help young people understand the structure of decision-making, and what support can I offer to empower their role within it?
- In what ways can I actively share decision-making opportunities or encourage shared leadership?