REFLECT ON YOUR INFLUENCE

**This checklist is designed to help you reflect on how young people might experience your role and influence during engagement activities.**

**PERCEPTION OF INFLUENCE AND PARTNERSHIP**

**LANGUAGE AND COMMUNICATION**

* How might young people view my role in terms of guiding decisions and facilitating their input?
* How do young people perceive my influence, and how can I demonstrate a willingness to share ideas and decisions?
* In what ways am I ensuring I’m approachable, supportive, and ready to learn from young people’s insights?
* Do I communicate in plain language

that invites open dialogue?

* What adjustments can I make to ensure my communication is clear and respectful of young people’s perspectives? For guidance, see

mini-guide Speak to Us in a Way That Makes Sense: 15 Communication Tips from a Young Person.

* How can I describe my role in ways that build rapport and foster collaboration?

**EMPOWERING VISIBILITY AND CONTRIBUTION**

**FOSTERING EQUITABLE POWER DYNAMICS**

* How do young people see their own role in this process, and how can I support them in taking ownership of their contributions?
* What actions can I take to emphasise the value of their contributions and celebrate their insights?
* How can I create an environment where young people feel encouraged to express themselves and

share ideas?

* How do young people perceive our roles, and what steps can I take to make the engagement process feel collaborative?
* How can I help young people understand the structure of decision- making, and what support can I offer to empower their role within it?
* In what ways can I actively share decision-making opportunities or encourage shared leadership?

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